



AIISD RESOURCE GUIDE FOR CAREGIVERS 2026-2027

FIRST CALL FOR COMMUNITY SUPPORT DIAL 2-1-1

For information & referral resources in Travis County.
Available 24 hrs. a day in English & Spanish.

AUSTIN POLICE- Emergency for 24/7 support- DIAL 9-1-1

CRISIS SERVICES- 24 Hour Support

Integral Care (512) 472-HELP (4357) (PES and MCOT).

Crisis Text Line Text HOME to 741741

Texas Youth Hotline 1-888-421-0553/ Text 1-888-421-0553

CPS Hotline 1-800-252-5400

National Suicide Hotline call 988 confidential crisis/suicide support.

COUNSELING

Integral Care Child & Family Services (512) 472-HELP (4357)

Individual and family therapy. Psychiatry and case management services.

Austin Child Guidance Center (512) 451-2242

Child/family counseling, testing, and parenting support.

Capital Area Counseling (512) 302-1000

Low cost-Individual, group, and family therapy.

Jewish Family Services (512) 250-1043

Counseling, support, discussion groups.

LifeWorks (512) 735-2100

Youth & adult counseling.

Youth Advocate Programs (512) 394-7249

Behavioral health wrap-around services including counseling
Medicaid only.

GRIEF AND LOSS COUNSELING

Christi Center (512) 467-2600

Free group therapy support for grief.

Hospice Austin (512) 342-4700

Grief counseling & support groups. Camp Braveheart-children grade 1-12.

Wonders and Worries (512) 329-5757

Free, professional support for children and teens whose parent has
a serious illness or injury

CHILD CARE/EDUCATION/DEVELOPMENT

Child Inc./Head Start (512) 451-7361

Provide early childhood education (0-5) and support services.

Workforce Solutions/Child Care (512) 597-7191

Daycare Hotline 1-800-862-5252

MEDICAL and MENTAL HEALTH

Community Care Health Center/ Carousel Pediatrics (512) 978-9015

Medical, dental, mental health. Walk-In Clinic available. Accepts MAP

Lone Star Circle of Care 1-877-800-5722

Medical, dental, mental health. Accepts MAP

People's Community Clinic (512) 478-4939

Comprehensive health care, sliding scale based on income and insurance.

Bluebonnet Trails Community Services (Williamson County)

Appointments or Information- 844-309-6385

Crisis line 800-841-1255 Comprehensive array of services.

Texas Child Health Access Through Telemedicine (TCHAT)

Free telehealth services for connection to mental health support.

Speak with campus counselors for referral to services.

HEALTH/HOSPITAL

Central Health MAP Customer Service (512) 978-8130

Healthcare for uninsured, underinsured, and low-income residents.

Dell Children's Medical Center (512) 324-0000

For medical and behavioral health support.

Cross Creek Hospital (844) 587-0195

For behavioral health support- inpatient and outpatient services.

Georgetown Behavioral Health 512-819-1100

For behavioral health support- inpatient and outpatient services.

Manos De Cristo Dental Clinic (512) 477-2319

Emergency and comprehensive dental care at highly reduced rates.

Planned Parenthood (512) 477-5846

Family planning, pregnancy and birth control education.

Public Health / Shots for Tots (512) 972-5520

By appointment only, North and South location. \$10.00 per shot.

ALCOHOL/DRUG

AL-ANON and ALA TEEN (512) 441-8591

Support groups for families of alcoholics.

OSAR (Outreach, Screening, Assessment, and Referral) (844) 309-6385

Substance use services for adults and adolescents (13-18 yrs)

Palmer Drug and Abuse Program (512) 254-9032

Free support groups for youth (13-25yrs) and parent groups.

Youth Advocacy (512) 444-9505

Substance use counseling and drug court assistance.

DOMESTIC VIOLENCE

SAFE Alliance (512) 267-7233

Counseling, shelter/housing, and prevention/education.

Asian Family Support Services 877-281-8371

Assistance with domestic violence, sexual assault, and trafficking.

Center for Child Protection (512) 472-1164

Counseling and medical services for abused children and
families, prevention training.

APD Victim Services (512) 974-5037

Crisis intervention and support for crime victims.

EDUCATION

ACC – Adult Education/GED/ESL (512) 223-7000

GED prep, ESL classes, and college prep

Capital Idea (512) 457-8610

Degree, certificate program, and college prep.

Literacy Coalition of Central Tx (512) 326-8655

GED Prep, job training, and placement.

American YouthWorks (512) 744-1900

High school diploma services and job readiness training.

El Buen Samaritano (512) 439-8900

Education on legal rights, citizenship, ESL classes.

EMPLOYMENT

Austin Area Urban League (512) 478-7176

Employment assistance and job training; job board

Texas Workforce Commission 1-800-558-8321/(512) 463-2222 Job search and placement for ages 16+, unemployment benefits assistance.

FAMILY SUPPORT/CHILDREN WITH SPECIAL NEEDS

Easterseals (512) 615-6800

Services for children and adults with disabilities and their caregivers.

NAMI (National Alliance on Mental Illness) (512) 420-9810

Information/referrals, classes and free support groups.

Any Baby Can (512) 454-3743

Help for low-income families with high-risk children age birth-12.

ARC of the Capital Area (512) 476-7044

Basic needs, family caregiver support, case management, support groups.

Texas Parent to Parent (512) 458-8600

Provides support, resource information, and education for families.

VELA (512) 850-8281

Free courses and services to families that have a child with a

disability. **FINANCIAL ASSISTANCE**

Texas Department of Health and Human Services

Basic needs, health, food, financial assistance support.

(877)542-7905 to apply for financial assistance.

Central Austin- 512-854-4120

Oak Hill- 512-854-2130

Del Valle- 512-854-1520

Manor- 512-854-1550

Pflugerville- 512-854-1530

HOUSING

Austin Tenants Council (512) 474-1961

Housing advocacy and tenant-landlord rights.

Housing Authority of Travis County (512) 854-8245

Affordable housing, vouchers, homelessness resources.

Housing Authority of the City of Austin (512) 477-4488

Affordable housing and avenues to self sufficiency.

IMMIGRATION

Mexican Consulate (512) 478-2866

Assistance with immigration, human rights, and additional assistance

Texas Office for Refugees (737) 471-1318

Refugee and displaced persons resources, referrals.

Catholic Charities of Central Texas (512) 651-6100

Immigration legal services

Immigrant Center for Education & Legal Services (RAICES) (512) 994-2199

Help completing forms, filings with USCIS, asylum interviews. Representative before Immigration Court.

American Gateways (512) 478-0546

All Immigration, DACA cases ,legal services, education, and advocacy. **LEGAL AID SERVICES**

Texas Access and Visitation 1 (866) 292-4636

Legal information related to child custody and visitation issues.

Allied Legal Services (512) 472-3237

Legal information/assistance on child custody, child support, divorce, and protective orders.

Disability Rights Texas (512) 454-4816

Legal and educational support for persons with a disability.

Dispute Resolution Center (512) 371-0033

Conflict management and mediation.

Texas Rio Grande Legal Aid (956) 996-8752

Free legal assistance for low-income families in civil cases.

Texas Advocacy Project (512) 476-5377, 1-800-374-4673

Free legal advice for survivors of family violence.

Volunteer Legal Services (512) 476-5550

Free civil legal services advice.

YOUTH SUPPORT SERVICES

Communities in Schools (CIS) (512) 462-1771

Case Management and counseling *on select AISD campuses.*

Family Resource Centers (Austin Voices) (512) 493-4288 Direct services, referrals, and basic needs *on select AISD campuses.*

Out Youth Austin (512) 419-1233

Support groups and referral services for LGBTQIA+ youth.

Big Brother, Big Sister (512) 472-5437

Mentoring program for ages 6-16.

Boys and Girls Club (512) 444-7199

Youth programs including STEM, College Prep, and more.

Extend a Care/YMCA Programs (512) 236-9622, (512) 322-9622 Child care, youth camps and sports. Financial assistance available for programs.

Austin Parks and Recreation (512) 974-6700

Provides a variety of programs including athletics, art, and after school care.